

**POLICE**



**DEPARTMENT**

**No. A1-25/2019/CSO**

Kerala Police Central Sports  
Office,

Thiruvananthapuram

Dated. 24-04-2019

**RECRUITMENT OF SPORTSMEN IN KERALA POLICE DEPARTMENT -  
NOTIFICATION**

**Recruitment of Sports personnel to Kerala Police Volley Ball Team (men & women) to the following streams in Kerala Police Department will be made from among the outstanding Sports personnel those who qualified as prescribed below.**

**Vacancy Position:**

<b>VOLLEYBALL MEN TEAM</b>		
<b>SL NO</b>	<b>POSITION</b>	<b>VACANCY</b>
1	ATTACKER	3
2	BLOCKER	2
3	SETTER	1
4	UNIVERSAL ATTACKER	1
5	LIBARO	1
<b>TOTAL</b>		<b>8</b>
<b>VOLLEYBALL WOMEN TEAM</b>		
1	ATTACKER	2
2	BLOCKER	2
3	SETTER	1
4	UNIVERSAL ATTACKER	NIL
5	LIBARO	1
<b>TOTAL</b>		<b>6</b>

**QUALIFICATION**

**A)Sports achievement.**

1) First or second place in individual events in recognized State Meets and who have been selected to represent the State.



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2) First place in team events like 4\*400 relays and 4\*100 in recognized State Meets and who have been selected to represent the State.

3) Represented the States in the Team events and secured selection to represent in interstate, National Championships

**(UNIVERSITY / JUNIOR / SENIOR / YOUTH / SCHOOL LEVEL) / NATIONAL CHAMPIONSHIPS)**

**(All the Sports achievements should be made on or after 01.01.2016)**

**B)Educational Qualification (Men & Women):**

A Pass in the HSE or equivalent Examination.

**C)Age:**

**Must have completed 18 years and must be below 26 years of age as on 01 January-2019**

\*Candidates belonging to SC/ST communities and Other Backward Communities are eligible for relaxation of upper age limit as per rules. (The maximum age can be relaxed up to 28 years for Other Backward Classes and up to 30 years for the Scheduled Castes / Scheduled tribes)

**D)PHYSICAL QUALIFICATION:**

Men : (i) Height : A minimum of 168cm.

(ii) Chest : A minimum of 81 cm and with a minimum expansion of 5 cm

Note: Minimum Height and chest measurement shall be 160 cm and 76 cm respectively for candidates belonging to Scheduled Caste and Scheduled Tribe communities. The minimum chest expansion of 5 cm shall, however be applicable for them also.

Women : a)Height: 152 cm.

Note: Minimum Height will be 150 cm for candidates belonging to Scheduled Caste and Scheduled Tribe communities.

**b) Must be certified to possess the visual standard specified below without glasses (men & women)**

VISION	RIGHT EYE	LEFT EYE
DISTANT VISION 6/6	6/6 SNELLEN	6/6 SNELLEN
NEAR VISION	0.5 SNELLEN	0.5 SNELLEN

Each eye must have full field of vision. Color Blindness, Squint of any Morbid Condition of eyes of lids of either eye shall be a Disqualification.



**All candidates Must be free from apparent physical defects like knock knee, Flat roof, Varicose Vain, bow legs, deformed limbs, and irregular and protruding teeth, defective speech and hearing.**

**D) Must qualify in any 5 events out of eight specified below, of the National Physical Efficiency one star Standard Test.**

**Men:**

SL NO	ITEMS	MINIMUM STANDARD OF EFFICIENCY
1	100 METER RUN	14 SECONDS
2	HIGH JUMP	132.20 CM (4'.6")
3	LONG JUMP	457.20 CM(15")
4	PUTTING THE SHORT OF 7264 GRAMS	609.60 CM (20')
5	THROWING THE CRICKET BALL	6096 CM ( 200')
6	ROPE CLIMBING (ONLY WITH HANDS)	365.80 CM (12')
7	PULL UPS OR CHINNING	8 TIMES
8	1500 METERS RUN	5 MINUTES AND 44 SECONDS

**Women:**

SL NO	ITEMS	MINIMUM STANDARD OF EFFICIENCY
1	100 METER RUN	17 SECONDS
2	HIGH JUMP	106 CM
3	LONG JUMP	305 cm
4	PUTTING THE SHORT OF (4 KGS)	488 CM
5	200 METER RUNS	36 SECONDS
6	THROWING THE THROW BALL	1400 CM
7	SHUTTLE RACE (25X4 METER)	26 SECONDS
8	SKIPPING (ONE MINUTE)	80 TIMES

The selection of eligible candidates will be done through selection trials, conducted by a Selection Committee constituted by the Government. The selected candidates will be appointed subject to the Government decision as Havildars in the Armed Police Battalions.

Note: - Physical measurement of candidates will be taken at the time of physical efficiency test and those who do not possess the prescribed physical measurement will not be admitted for the physical efficiency test. If accidents or injuries happen to a candidate while participating in the physical efficiency test, he/ she will not be given further chance to participate in the test.

The application form is available at the official website of Kerala Police ([www.keralapolice.gov.in](http://www.keralapolice.gov.in)).

The duly filled application form along with self attested copies of certificates for



proving the age, educational qualification and sports performance, and qualification for the participation in recognized national and state competitions etc. shall be submitted directly or by post to The Additional Director General of Police, Armed Police Battalion, Peroorkkada, Thiruvananthapuram - 6950005.

The cover/ envelope containing application shall be super scribed as "**Application for appointment under Sports Quota ( Volley Ball )**". Incomplete applications will be rejected without prior intimation.

The last date for submission of application :10-06-2019



Loknath Behera IPS  
State Police Chief  
For Additional Director General of Police &  
Central Sports Officer

To : Notification

