

(I) **DOCUMENTATION:-** All candidates reporting for recruitment will have to go through documentation process, in which candidates will have to produce print out of acknowledgement of online application form and all original documents/ certificates pertaining to age, education, caste, sports achievement (National/International), proof to avail age relaxation etc., as the details are given in the application form to Recruitment Board, failing which the candidature of candidate will be rejected. No appeal on rejection during documentation will be entertained by SSB at later stage.

(II) **CHECKING OF SPORTS ACHIEVEMENTS AND FIELD TRIAL:-** Candidates who are found eligible in scrutiny of documentation process will have to go through the further recruitment stages i.e. checking of sports achievements and field trial which will be of 100 marks as per details given below:-

(a) **CHECKING OF SPORTS ACHIEVEMENTS:-** In this process all sports achievements of all candidates will be checked and according to their performance in games the marks will be awarded to them. This process will be of 50 marks.

(b) **FIELD TRIAL:-** Candidates found eligible in documentation process will have to undergo field trial. The field trial will be of 50 marks and will be conducted as per guidelines and instructions prepared by SSB. The minimum qualifying marks in field trial for all category candidates (i.e. SC, ST, OBC, Ex-Servicemen & Gen) will be 60 %.

(III) **PHYSICAL STANDARD TEST (PST):-** All candidates declared qualified in field trial will have to undergo Physical Standard Test (PST) as per following:-

Sl	States/UTs/Regions	Min. height in Cms.		Chest in Cms
1	For all except the categories given below	Male	170	Minimum-80 Min. expansion-5
		Female	157	Not applicable
2	Candidates falling in the categories of Garhwalis, Kumaonis, Gorkhas, Dogras, Marathas and candidates belonging to the States of Sikkim, Nagaland, Arunachal Pradesh, Manipur, Tripura, Mizoram, Meghalaya, Assam, Himachal Pradesh and State of J&K.	Male	165	Minimum-78 Min. expansion-5
		Female	155	Not applicable
3	Candidates belonging to Scheduled Tribes of all States/ UTs except S/No.4 & 5 below.	Male	162.5	Minimum-76 Min.expansion-5
		Female	150	Not applicable
4	For all Scheduled Tribe candidates hailing from the North-Eastern States.	Male	157	Minimum-76 Min.expansion-5
		Female	147.5	Not applicable
5	Schedule Tribe candidates hailing from Left Wing Extremism affected districts	Male	160	Minimum-76 Min. expansion-5
		Female	147.5	Not applicable
6	Candidates hailing from Gorkha territorial Admin. comprising of the three Sub-Divisions of Darjeeling Distt namely Darjeeling, Kalimpong and Kurseong and includes the following 'Mouzas' Sub-Div. of these Distts:- (1) Lohagarh Tea Garden (2) Lohagarh Forest (3) Rangmohan (4) Barachenga (5) Panighata (6) Chota Adalpur (7) Paharu (8) Sukna Forest (9) Sukna Par-I (10) Pantapati Forest-I (11) Mahanadi Forest (12) Champasari Forest (13) Salbari Chhatpart-II (14) Sitong Forest (15) Sivoke Hill Forest (16) Sivoke Forest (17) Chhota Chenga (18) Nipania.	Male	162.5	Minimum-77 Min.expansion-5
		Female	152.5	Not applicable

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Note:-

1. A candidate not meeting the minimum height and chest requirement will be rejected from recruitment process.
2. Candidates seeking relaxation in height and chest will require to submit the certificate reg. their community from concerned District Authorities. In the event of non-production of the certificate their claim for relaxation in height and chest will not be entertained and their candidature for the post shall be cancelled straightaway. No correspondence in this regard will be entertained by SSB at later stage.
3. Criteria for relaxations are subjected to instructions of Government of India.

(b) **Weight:-** Weight of the candidate should be proportionate to height and age as per details given below. Weight will not be a criteria for disqualification at the time of Physical Standard Test. However, the overweight/ underweight candidates will be disqualified at the time of Detailed Medical Examination based on weight and age on the day of Detailed Medical Examination and the height as measured during Physical Standard Test.

Female Average Body Weights in Kilograms for Different Age Groups and Heights

Height in Cms	Age in years			
	18-22	23-27	28-32	33-37
148	34.5-42.5	37-45	38.5-47	39.5-48.5
150	36.5-44.5	37.5-45.5	39-48	40.5-49.5
153	38-46	39-48	41-50	42-51
155	38.5-47.5	40-49	41.5-50.5	43-52.5
158	40.5-49.5	42-51	43-53	44.5-53.5
160	41.5-50.5	43-52.5	44-54	45.5-54.5
163	43-52.5	44-54	46-56	47-57
165	44-54	45.5-55.5	47-58	48.5-59.5
168	45-55	47-57	48.5-59.5	49.5-60.5

Male Average Body Weights in Kilograms for Different Age Groups and Heights

Height in Cms	Age in years			
	18-22	23-27	28-32	33-37
156	44-54	46-56	47-58	48-59
158	45-55	47-57	48.5-59.5	49.5-60.5
160	46-56	47.5-58.5	49.5-60.5	50.5-61.5
162	47-58	49-60	50.5-61.5	52-63
164	48-59	50-61	52-63.5	53-65
166	49.5-60.5	51.5-62.5	53-65	54.5-66.5
168	51-62	52.5-64.5	54.5-66.5	56-68
170	52-64	54-66	56-68	57.5-70.5
172	54-66	55.5-67.5	57-70	59-72
174	55-67	57-70	59-72	61-74.5
176	56.5-69	58.5-71.5	60.5-73.5	62-76
178	57.5-70.5	60-73	61.5-75.5	63.5-77.5
180	59-72	61-75	63.5-77.5	65.5-80
182	61-74.5	62.5-76.5	65-79	66.5-81.5
184	63-77	64.5-78.5	66.5-81.5	68.5-83.5
186	63.5-77.5	65.5-80.5	68-83	70-86
188	65-79	67.5-82.5	70-85.5	71.5-87.5
190	66-81	68.5-83.5	70.5-86.5	72.5-88.5

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- The body weights given in the chart are corresponding to only certain height (in cms). In respect of heights in between, the principle of 'Average' will be utilized for calculating body weights.
- In doubtful cases of overweight, the assessment is to be made on the basis of BMI.

NOTE:-(a) Appeal against Physical Standard Test (PST):- Candidates declared disqualified in Physical Standard Test can prefer an appeal to the appellate authority for re-measurement of Height and Chest only. The appeals of the candidates shall be disposed off on the same day by the appellate authority.

(b) Candidates who intend to avail relaxation in height and chest measurements will have to submit certificate regarding his/ her category/ community from concerned district authorities at the time of documentation.

(IV) DETAILED MEDICAL EXAMINATION (DME):- Candidates will be put through Detailed Medical Examination strictly on the basis of merit. The Detailed Medical Examination will be conducted as per MHA Revised Medical Guidelines issued by ADG (Medical) on 20.05.2015 and amendments thereof. **If sufficient numbers of candidates for the posts are available only 3 times category wise candidates higher in merit will be called for Detailed Medical Examination. Candidates who do not find place in the merit list so prepared will not be called for Detailed Medical Examination. In this regard, no appeal/ representation will be entertained by SSB. Being declared FIT in Medical Examinations will in no way give any legal claim or right to any candidate for final appointment in Government service. As the appointment will be strictly as per merit.**

(V) APPEAL AGAINST FINDINGS OF DME:-If a candidate is declared unfit in the detailed medical examination, the grounds for rejection will be communicated to him/her by the Chairman. If the rejected candidate is not satisfied with the findings of the Medical Officer, he/she will obtain Form-1, 2 & 3 from the Chairman Recruitment Board concerned to prefer an appeal for Review Medical Examination within 15 days from the date of issue of communication in which the findings of the Medical Officers is communicated to him/her. The appeal should necessarily contain the following: **(a)** Review Medical Examination fee of Rs.25/- (Rupees Twenty Five only) **non-refundable**, through a Demand Draft payable in favour of concerned authority to be intimated by Chairman Recruitment Board **(b)** Appeal Forms-1, 2 & 3 issued by Detailed Medical Board duly completed in all respect **(c)** One self addressed envelope with Rs.25/-(Rupees Twenty Five) only postage stamp duly affixed on it. Fitness certificate other than Form-3 (provided by the Chairman of Recruitment Board to the Candidate) will not be considered for Review Medical Examination and appeal will be rejected straightway. **The fitness certificate on form-3 is essential to consider his/her case for review medical examination and not for any other purpose.**

Those candidates whose appeals are found in order will be issued call letters to appear for Review Medical Examination and their list will also be uploaded in the SSB website i.e. www.ssbrectt.gov.in.

The decision of the Review Medical Examination Board will be final and no 2nd appeal will be entertained as per instructions of the Government and no reply of the correspondence/ 2nd appeal will be given/ entertained.

NOTE:- It should, however, be clearly understood that the Selection Board reserves absolute discretion to reject or accept any candidate after considering the report of the medical board.

(VI) FINAL SELECTION:- Final selection list will be generated based on the total marks secured by the candidates in documentation/checking of sports achievements and Field Trial. It is hereby emphasized that the candidates who merely secure the qualifying percentage of marks and found medically fit, may not be considered for final selection since the merit will be determined based on number of vacancies after completion of Detailed Medical Examination/ Review Medical Examination.

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