

Whosoever qualifies the above said physical and other standards of recruitment process will enter into next round i.e. Physical Efficiency Test.

(c) **Physical Efficiency Test:** The Physical Efficiency Test shall consist of the following events -

Sr. No.	Event	Min. Quali. for Male	Min. Quali. for Female	Marks	Time/Lengt h Male	Time/ Length Female	Marks
1	100 M Race	17 Sec (No additional attempt is allowed)	20 Sec (No additional attempt is allowed)	5	17 Sec	20 Sec	2
					16.5 Sec	19.5 Sec	2.5
					16 Sec	19 Sec	3
					15.5 Sec	18.5 Sec	3.5
					15 Sec	18 Sec	4
14.5 Sec	17.5 Sec	5					
2	800 M Race (400 M for Female)	3.10 Minutes (No additional attempt is allowed)	2.45 Minutes (No additional attempt is allowed)	5	3.10 min	2.45 min	2
					3.05 min	2.40 min	2.5
					3.00 min	2.35 min	3
					2.55 min	2.30 min	3.5
					2.50 min	2.25 min	4.5
2.45 min	2.20 min	5					
3	High Jump	1.05 Meters (Maximum three attempts are allowed)	65 cms (Maximum three attempts at each level are allowed)	5	1.05 M	65 cms	2.5
					1.10 M	70 cms	3
					1.15 M	75 cms	3.5
					1.20 M	80 cms	4
					1.25 M	85 cms	4.5
1.30 M	90 cms	5					
4	Broad Jump	3.5 Meters (Maximum three attempts are allowed)	1.75 Meters (Maximum three attempts are allowed)	5	3.50M	1.75M	2
					3.70M	1.95M	3
					3.90M	2.15M	4
					4.10M	2.35M	5
5	Shot put 7.275Kgs. for male and 4.00 Kgs for Female	4 Meter (Maximum three attempts are allowed)	3 Meter (Maximum three attempts are allowed)	5	4.00M	3.00M	2
					4.50M	3.50M	2.5
					5.00M	4.00M	3
					5.50M	4.50M	3.5
					6.00M	5.00M	4
					6.50M	5.50M	4.5
7.00M	6.00M	5					

The marks obtained in physical efficiency test shall be given the weightage of 20 marks.

Whosoever qualifies the above said Physical Efficiency Test of recruitment process will enter into next round i.e. Written Test.

Handwritten signature and date: 20.08.19