- (ii) Upper age limit is relaxable by 03 years for OBC and 05 years for SC/ST.
- (iii) Upper age upto 05 years is also relaxable for those persons who had ordinarily been domiciled in the erstwhile State of J&K during the period from 01st Jan 1980 to 31st Dec' 1989. The person claiming relaxation under this category should produce a certificate to the effect that they had been domiciled in the erstwhile state of J&K during the period from 1st January 1980 to 31st December 1989 from the District Magistrate within whose jurisdiction they had ordinarily resided or from any other authority designated in this behalf by the erstwhile Government of Jammu & Kashmir.
- Education Matriculation or 10th Class pass from a recognized Board / University.

PHYSICAL STANDARDS

i) a) Height : For male - 165 Cms.

For Female - 155 Cms.

b) Chest : For males:-

Unexpanded - 78 Cms

Expanded - Min. expansion 5 Cms

c) Weight : For males and females proportionate to height

and age as per medical standards.

ii) Relaxation – Relaxation will be permissible in height and chest to the candidates as follows –

(a) Height -

The minimum height for candidates belonging to Scheduled Tribes will be 162.5 cms for males and 150 cms for females.

(b) Chest -

> The minimum chest for all male candidates belonging to Scheduled Tribes will be 76 cms (minimum 5 cms expansion)

Note:-Candidates who wish to be considered against vacancies reserved or seek age relaxation must submit requisite certificate from the competent authority. Otherwise, their claim for SC/ST/OBC/EWS/Ex-Servicemen status will not be entertained and their candidature/applications will be considered under unreserved (UR) category. Candidates claiming OBC status may note that the OBC certificate should have been obtained within three years before the crucial date i.e. not before 01/08/2016. The format of OBC certificate must be as per the Central Government format. The caste of the candidates who claim to be belonging to SC / ST / OBC categories, should be in enlisted in the central list of SCs / STs / OBCs of districts of Jammu & Kashmir and Ladakh. Similarly candidates applying against EWS vacancies will submit EWS certificate issued by prescribed authority.

6. MEDICAL STANDARD

The candidates will be medically examined in terms of Guidelines for recruitment Medical examinations in CAPFs and AR issued vide MHA UO No. A-VI-1/2014/Rectt(SSB) dated 20/05/2015 and subsequently amended from time to time.

Eye sight:

- The minimum distant vision should be 6/6 and 6/9 both eyes without correction i.e. without wearing of glasses.
- Further, the colour perception standard should be C.P-III with details as under:-

Visual Acuity unaided (Near vision)		Uncorrected visual acuity (Distant vision)		Refraction	Color	Remarks
Better eye	Worse eye	Better eye	Worse eye			
N6	N9	6/6	6/9	Visual correction of any kind is not permitted even by glasses	CP III by ISIHARA	For right handed person, the Right eye is better eye and vice versa. Binocula r vision is required.